

Repetitive Events Field Trip Parent Permission Letter

Field Trip Name B4 PE20 Mauricio 2025

Field Trip Activity B4 PE20 Field Trip Activities

School Travelling With _____

After you have carefully read this letter, we ask that you sign and return **only the** "Parental Consent" portion to the school (the last page in this document). Please keep the remainder for your information and records.

Field Trip Details

Due to unforeseen circumstances, there may be some changes to the activities listed. Students and parents will be notified of these changes through Google Classroom and PowerSchool parent email.

****Please note, PHYS ED 20 fees (\$85) MUST be paid in order for your child to participate in the listed activities.****

Activities

Activity	Date	Time	Location	Address
INDOOR SOCCER	TBA	During your child's scheduled PE class	Edmonton Soccer Association South Centre	6520 Roper Rd NW, Edmonton, AB T6B 3K8
WALK/RUN AROUND THE COMMUNITY	Any school day from Sept 2025 - Jan 17, 2026	During your child's scheduled PE class	Community of Ottewell and Gold Bar Park	9359 67a St NW, Edmonton, AB T6B 1R7 10955 50 St NW, Edmonton, AB T6A 2E9
SKATING / HOCKEY / DISC GOLF/ Beach VBall	Any School Day Sept '25 - Jan, 2026	During your child's scheduled PE class	Rundle Park / Ottewell Outdoor Rink	2909 113 Ave NW, Edmonton, AB T5W 0A2, 5920 93a Ave NW
BOWLING	TBA	Your child's scheduled PE class	Bonnie Doon Lanes/Gateway Lanes	8330 82 Ave NW, Edmonton, AB T6C 4E3/3414 Gateway Blvd NW, Edmonton, AB
SWIMMING	TBA	Your child's scheduled PE class	Bonnie Doon Leisure Ctr	8648 81 St NW, Edmonton
SKATING/BROOMB ALL/HOCKEY	Nov, Dec dates TBA	During your child's scheduled PE 20 class.	Michael Cameron Arena	10404 56 St, Edmonton, AB T6A 2J2
WALL CLIMBING	Oct 22,24	Your child's scheduled PE class	Vertically Inclined Rock Gym	8523 Argyll Rd NW, Edmonton, AB, T6C 4B2
Driving Range (golf)	Sept 23, Oct 3	Your child's scheduled PE class	Millwoods Golf Course	4540 50 St NW, Edmonton, AB, T6L 6P6
CURLING	Nov 17,19	Your child's scheduled PE class	Ottewell Curling Club	4205 102 Ave Nw, Edmonton, AB, T6A 0M5

Cost \$85 Phys Ed Fees must be paid prior to travelling on field trips.

Program of Studies Specific Outcomes

Physical Education 20

All outcomes are achieved through active and safe participation in physical education.

General Outcome A

Students will acquire skills through a variety of developmentally appropriate movement activities; dance, games, types of gymnastics, individual activities and activities in an alternative environment; e.g., aquatics and outdoor pursuits.

Specific Outcomes

Basic Skills—Locomotor;

e.g., walking, running, hopping, jumping, leaping, rolling, skipping, galloping, climbing, sliding, propulsion through water

Students will:

A20-1 analyze, evaluate and modify performance of locomotor skills and concepts—effort, space and relationships—to perform and create a variety of activities to improve personal performance

A20-2 N/A

Basic Skills—Nonlocomotor;

e.g., turning, twisting, swinging, balancing, bending, landing, stretching, curling, hanging

Students will:

A20-3 analyze, evaluate and modify performance of nonlocomotor skills and concepts—effort, space and relationships—to perform and create a variety of activities to improve personal performance

A20-4 N/A

Basic Skills—Manipulative: receiving;

e.g., catching, collecting; retaining: e.g., dribbling, carrying, bouncing, trapping; sending; e.g., throwing, kicking, striking

Students will:

A20-5 analyze, evaluate and modify performance of manipulative skills and concepts—effort, space and relationships—to perform and create a variety of activities to improve personal performance

A20-6 N/A

Application of Basic Skills in an Alternative Environment

Students will:

A20-7 develop and combine more challenging activity-specific skills in a variety of environments; e.g., snorkelling progressing to scuba diving.

Application of Basic Skills in Games

Students will:

A20-10 develop and refine activity-specific skills in a variety of games

Application of Basic Skills in Individual Activities

Students will:

A20-13 develop and combine more challenging activity-specific skills in a variety of individual pursuits;
Well-being

Students will:

B20-6 analyze the positive benefits gained from physical activity

General Outcome C

Students will interact positively with others.

Specific Outcomes Communication

Students will:

C20-1 communicate thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity

C20-2 demonstrate an understanding of behaviour appropriate to positive active living role modelling

Fair Play

Students will:

C20-3 demonstrate etiquette and fair play

Leadership

Students will:

C20-4 apply, monitor and assess leadership and followership skills related to physical activities, and demonstrate an understanding of leadership skills related to implementing physical activity events or programs in the school and/or community

Teamwork

Students will:

C20-5 develop and apply practices that contribute to teamwork

C20-6 identify and demonstrate positive behaviours that show respect for self and others

General Outcome D

Students will assume responsibility to lead an active way of life.

Specific Outcomes Effort

Students will:

D20-1 model an active lifestyle

Safety

Students will:

D20-3 develop and apply safety standards and rules in a variety of activities

D20-4 analyze, design and assess warm-up and cool-down activities

Grades Attending Grade 10,11,12

Course(s) Student(s) Registered In

Number of Attending Students 24

Number of Attending Administrators

Number of Attending Teachers 1

0

Number of Non-Teaching School Staff

Number of Attending Volunteers 0

Lead Teacher and Contact Ruby Mauricio (T) (780) 466-3161 ext 526

Communication Plan

The principal will be advised of any accidents, problems, unusual incidents or weather related concerns that may occur during the field trip. As well parents guardians will be contacted if health issues, injuries, or student conduct are a concern with their children.

Method of Transportation School Airporter

Equipment Required Reusable Water bottle

Clothing Required Proper PE clothing for ALL activities.

Other Information Proper outdoor clothing for inclement weather

Risks - Inherent, special or unusual risks associated with the field trip

A. COMMON RISKS

All manner of injuries resulting from use of equipment, materials or facilities.

All manner of injuries associated with participation in planned activities during the trip.

Possible injuries from improper use of equipment resulting in bruises, scrapes, cuts.

Slip/Trip/Fall exposures relating to road/sidewalk conditions, pot holes, trees, stairs, parking lots, ramps, elevators, escalators, water pools.

All manner of injuries resulting from the use of apparatus and equipment.

Slip, Fall exposures with stairs, ramps, uneven flooring, dark areas, seating.

All manner of injuries resulting in muscular and soft tissue injuries including bruises, scrapes, cuts from collisions with the wall, floor, uneven playing surfaces, contact with other participants.

All manner of injuries resulting in dislocations, concussion, whiplash, contusions, sprains, pulled or strained muscles, knee injuries and broken bones.

All manner of head, neck, spinal, facial, eye, nose and/or dental injuries.

Injuries that may result from heat cramps, heat stroke and or fatigue.

Slip/Trip/Fall hazards associated with running and horseplay which may cause bruises, scrapes, cuts, broken bones or concussion.

Weather related risks such as sunny/hot temperatures (Sunburn), high winds, rain, fog, snow, thunderstorms, lightning.

All manner of injuries and/or death which may result in the transportation to and from the facility.

Motor traffic exposures such as crossing streets and intersections, side walk bike traffic, skate boarders, high

traffic times, speeding vehicles, blind spots, crosswalks, railway crossings, bus stops, LRT, construction zones.

All manner of injuries and/or death which may result in the transportation and transitions to and from each destination and facility.

INDOOR SOCCER

Possible injuries resulting from- slips/trips/falls while walking/running on slippery grounds, colliding with other players, foreign objects like indoor soccer ball or nerf ball.

Slip/Trip/Fall hazards associated with play on a turf surface, stairways to fields, player's benches, parking lots, seating stands.

Injuries resulting from sprains, strains, cleats, hard tackles, being hit by the ball, running into steel posts of soccer nets, colliding with other players, proper equipment required.

All manner of injuries resulting in muscular and soft tissue injuries including bruises, scrapes, cuts from collisions with uneven playing surfaces, contact with other participants.

All manner of injuries resulting in dislocations, concussion, whiplash, contusions, sprains, pulled or strained muscles, knee injuries and broken bones.

All manner of head, neck, spinal, facial, eye, nose and/or dental injuries.

All manner of injuries and/or death which may result in the transportation to and from the facility.

BASKETBALL

Slip/Trip/Fall hazards associated with poor court conditions, slippery floor waxes, water or sweat on the court, players benches, seating stands, wax burn from sliding on the court.

Injuries resulting from ankle rollovers, sprains, strains, getting caught in the net, being hit by the ball, running into steel posts of basketball nets, colliding with other players, hard fouls, hazards with chasing a ball of the court.

All manner of injuries resulting from the use of apparatus and equipment.

All manner of injuries resulting in muscular and soft tissue injuries including bruises, scrapes, cuts from collisions with the wall, floor, uneven playing surfaces, contact with other participants.

All manner of injuries resulting in dislocations, concussion, whiplash, contusions, sprains, pulled or strained muscles, knee injuries and broken bones.

All manner of head, neck, spinal, facial, eye, nose and/or dental injuries.

All manner of injuries and/or death which may result in the transportation to and from the facility.

BALL HOCKEY

Possible injuries resulting from- slips/trips/falls while walking/running on hard surfaces (concrete/cement, tarmac), falls while hitting the boards or walls, colliding with other players, foreign objects like hockey sticks and rubber pucks, balls, felt pucks, nets, improper equipment.

All manner of injuries resulting in muscular and soft tissue injuries including bruises, scrapes, cuts from collisions with uneven playing surfaces, contact with other participants.

All manner of injuries resulting in dislocations, concussion, whiplash, contusions, sprains, pulled or strained muscles, knee injuries and broken bones.

All manner of head, neck, spinal, facial, eye, nose and/or dental injuries.

All manner of injuries and/or death which may result in the transportation to and from the facility.

BASEBALL

Slip/Trip/Fall hazards associated with poor field conditions, wet weather, stairways to fields, player's benches, parking lots, seating stands.

Injuries resulting from concussions, sprains, strains, cleats, being hit by the ball, bat or pitch, running into fencing while chasing the ball, colliding with other players, sliding into a base, being cut from gravel or foreign

objects on the ground.

Weather related risks such as sunny/hot temperatures (Sunburn & Heat exhaustion), high winds, rain, fog, snow, thunderstorms, lightning, etc.

All manner of injuries resulting from the use of apparatus and equipment.

All manner of injuries resulting in muscular and soft tissue injuries including bruises, scrapes, cuts from collisions with uneven playing surfaces, contact with other participants.

All manner of injuries resulting in dislocations, concussion, whiplash, contusions, sprains, pulled or strained muscles, knee injuries and broken bones.

All manner of head, neck, spinal, facial, eye, nose and/or dental injuries.

All manner of injuries and/or death which may result in the transportation to and from the facility.

BALL HOCKEY

Possible injuries resulting from- slips/trips/falls while walking/running on hard surfaces (concrete/cement, tarmac), falls while hitting the boards or walls, colliding with other players, foreign objects like hockey sticks and rubber pucks, balls, felt pucks, nets, improper equipment.

All manner of injuries resulting in muscular and soft tissue injuries including bruises, scrapes, cuts from collisions with uneven playing surfaces, contact with other participants.

All manner of injuries resulting in dislocations, concussion, whiplash, contusions, sprains, pulled or strained muscles, knee injuries and broken bones.

All manner of head, neck, spinal, facial, eye, nose and/or dental injuries.

All manner of injuries and/or death which may result in the transportation to and from the facility.

FOOTBALL

Slip/Trip/Fall hazards associated with poor field conditions, wet weather, stairways to fields, player's benches, parking lots, seating stands.

Injuries resulting from concussions, sprains, strains, cleats, hard tackles, being hit by the ball, running into steel posts of uprights, colliding with other players, helmet on helmet contact, illegal tackles.

Injuries resulting from ankle rollovers, sprains, strains, being hit by the ball, running into steel posts, colliding with other players, hard fouls.

All manner of injuries resulting from the use of apparatus and equipment.

All manner of injuries resulting in muscular and soft tissue injuries including bruises, scrapes, cuts from collisions with the wall, floor, uneven playing surfaces, contact with other participants.

All manner of injuries resulting in dislocations, concussion, whiplash, contusions, sprains, pulled or strained muscles, knee injuries and broken bones.

All manner of head, neck, spinal, facial, eye, nose and/or dental injuries.

Weather related risks such as sunny/hot temperatures (Sunburn & Heat exhaustion), high winds, rain, fog, snow, thunderstorms, lightning.

All manner of injuries and/or death which may result in the transportation to and from the facility.

TENNIS

All manner of injuries resulting from physical contact with surfaces/fences/net, slips and falls, failure to follow rules and reckless conduct of other participants.

All manner of injuries resulting in sprains, bruises, broken bones, & head injuries from racquets, people, or ball contact.

All manner of injuries resulting in scratches, bruises, and sprains.

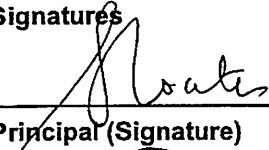
All manner of injuries resulting in eye injuries or loss of sight, joint or back injuries, heart attacks, and concussions.

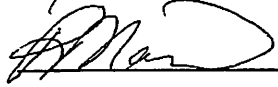
All manner of injuries resulting in muscular and soft tissue injuries including bruises, scrapes, cuts from collisions with the floor, uneven playing surfaces, contact with other participants.

All manner of injuries and/or death which may result in the transportation to and from the facility.

Date Submitted for Approval Sep 29, 2025

Signatures


Principal (Signature)


Lead Teacher and Contact
(Signature)

Susan Coates
Print Name

Ruby Mauricio
Print Name

Sept 10/25
Date

Sept 10/25
Date

Austin O'Brien H.S.

PARENTAL CONSENT

Parental Consent and Total Costs (if applicable) due by: Sep 29, 2025

Student Name Yaroslav Matsenko Grade 11

Field Trip Activity B4 PE20 Field Trip Activities

Method of Transportation School Airporter

Please Indicate your fieldtrip payment method:

Cheque # _____ Interact or Credit payment in office for \$ _____ Online Payment for \$ 85

Additional Information / Explanation

MEDICAL CONDITION

The following is a list of my child's medical conditions (including allergies, conditions requiring medication, etc), a list of medication that my child must take and any special instructions regarding medication storage and administration.

I have reviewed and understand the information provided in this Parent Permission Letter, I consent to my child partaking in the field trip(s) as described in the Parent Permission Letter and I agree that this planned activity is acceptable. I also acknowledge and agree that during the planned field trip(s), Yaroslav M. (name of student) is to act in accordance of the Education Act, Division policy and rules as to student conduct.

I understand that pursuant to Administrative Procedures 260, no parent shall be reimbursed for the loss of any field trip monies if the field trip is cancelled or interrupted for any reason. This includes any form of deposit. However, a parent shall be reimbursed field trip monies if the field trip is cancelled or interrupted and the school has not provided said monies at the time of cancellation to any third party travel-related agency which assisted in organizing the field trip, and the related contract between the district and the agency or the insurance provider permits a refund of field trip monies in the circumstances.

I understand and agree that where circumstances arise during the field trip, such as changes in itineraries or adverse weather or road conditions, the Lead Teacher, in consultation with the Principal, may make changes in itineraries and travel/arrival plans for my child. I understand that a reasonable effort will be made to advise me of such a change.

If my child requires medical attention, I authorize the supervisors to seek necessary medical treatment / intervention in the event of an emergency.

Parent signature: Maria Matsenko Name Maria Matsenko Date: 16/09/2025

Relationship: ☒ Mother ☐ Father ☐ Other Legal Guardian

Emergency Parent Contact and Phone Number 780-709-9348

Vertically Inclined Rock Gym Inc.

Notification of Risk Agreement

THIS IS A LEGAL DOCUMENT PLEASE READ THOROUGHLY.

All numbered boxes must be filled out in order to climb. Thanks!

Initials of parent if participant is under 18 years of age

1

Initial Here
Mariia

I, the Undersigned understand and acknowledge that I am aware of the risks associated with or related to the use of the climbing wall (including the risk of severe or fatal injury), to my child, particulars of which include but are not limited to the following:

- (a) injuries resulting from falling and impacting climbing wall faces or the ground, including an object or objects resting on the floor;
- (b) injuries resulting from activities such as climbing, belaying, rappelling, rescue systems and other rope techniques;
- (c) injuries resulting from falling climbers or objects such as rope or climbing hardware ;
- (d) injuries resulting from the physical activity of the sport itself including but not limited to neck and back strains, muscle strains, muscle pulls, tendon and ligament damage as well as other typical athletic injuries or more serious injuries.

I voluntarily accept these physical risks.

2

Initial Here
Mariia

As a parent I agree that my child is responsible for following the rules and guidelines as set out by the course/program instructors and by all employees, volunteers, officials and management of Vertically Inclined Rock Gym Inc. Failure to comply with these rules and guidelines could/can result in my child becoming seriously injured or in their being removed from the course/program and/or the facility. I accept responsibility for any bodily harm should my child not follow instructions and guidelines as outlined by the staff, directors or qualified representatives of Vertically Inclined Rock Gym Inc.

I acknowledge that I am of the full age of 18 years and am the legal guardian of the client listed below. I also acknowledge that I have read and fully understood the above description of risks prior to my signature. Further, I acknowledge that I understand, appreciate and accept the physical risks associated with my child's participation in a Vertically Inclined Rock Gym Inc. course/program and use of the facilities of Vertically Inclined Rock Gym Inc.

IN WITNESS WHEREOF I have executed this document at the city of Edmonton in the Province of Alberta this

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****NB: Please write in either blue or black pen only.**

16 day of March, 2025

Mariia

Signature of parent if participant is under 18 years

MARIIA MATSENKO

Print Name of parent if participant is under 18 years

Vertically Inclined Staff Only

Witness (VIRG Staff **only**)

Print Name (VIRG Staff **only**)

4

Client Information (Participant / Person who **will be** rock climbing)

Name: Yaroslav Matsenko Date of Birth: 11 / 06 / 2009

If you have questions or want to see our facility check the web @ www.verticallyinclined.com

Please ensure that you have filled out all boxes with initials and signatures.

Thanks!

Alberta Program of Studies

*D10/20/30-3: select and apply rules, routines and procedures of safety in a variety of activities (this includes being prepared for class with proper attire and footwear).

Student grades will be negatively impacted by absences from class. These absences do not allow students to consistently demonstrate the above outcomes from the Program of Studies.

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Student Conduct and Expectations

Please read the agreement below and sign at the bottom

(Attention: Both Parent/Guardian AND Student MUST sign)

1. Attendance

Please take time to familiarize yourself with the school policy regarding absences, as this will eliminate any disappointing consequences.

- ➔ Students are expected to attend **ALL** classes including those from which you have been **medically** exempt.
- ➔ A **NOTE** from your parent/guardian is required for exemption for 1 day. A **doctor's** note is required for exemption for 2 or more days. Discussion with Grade Coordinator will be required for long-term medical exemption.
- ➔ Alternate assignments are only assigned in extenuating circumstances and must be approved by a student's PHYS ED teacher. Absences from field trips and classes will result in a mark of "0" for that activity.
- ➔ Once in class no one is permitted to leave without teacher's permission.
- ➔ Failure to attend class on time, wearing improper attire or not participating will result in your **mark being adjusted** to reflect these behaviors.

2. Punctuality

- ➔ ALL students **MUST** be in the gymnasium, and with their assigned PE teacher by the second bell to take attendance. A student is late if they come in after attendance.

3. Proper Gym Attire

- ➔ ALL students must wear an **AOB T-shirt** and shorts, sweatpants, or leggings daily.
- ➔ Running Shoes **MUST** be worn at all times!
- ➔ CELL phones, Air pods and Headphones are **NOT** permitted in class.

4. Use of Locker Room

- ➔ Locks and Lockers will be assigned by your Physical Education teacher **ONLY** if a student wishes to use one. **No** outside locks are allowed. Students will be charged for locks that are not returned or need to be replaced.
- ➔ Only your PE materials should be stored in your locker.
- ➔ Never leave valuables outside of your locker. Always **LOCK** your locker.
- ➔ Keep the locker room **CLEAN** at all times. **Do Not** share your combination with anyone.

5. Gymnasium and Equipment

- ➔ No food allowed in the gym or locker area at any time.
- ➔ Reusable **Water** bottles are suggested. Please put a name on it.
- ➔ Students must always respect and take care of equipment.
- ➔ Students are **NOT** allowed in the storage rooms without teacher permission.

Date: 16/09/2025

PE Teacher: _____

Student Name: Yaroslav Matsenko Student Signature: [Signature]
(Print Name)

Parent/Guardian Name & Signature: Mariia Matsenko - [Signature]